Primary 5
FPPS Connects

28 Mar 2025

Primary 5 Curriculum Briefing

❖ **Key Programmes for the Level**

❖ **PSLE Scoring, Full Subject-Based Banding at Sec Sch and Direct School Admission (DSA) at Primary 6**

❖ **Parents' Briefing on Cyber wellness**

❖ **Sharing on the PSLE Math and Science Syllabus and Exam Format**

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Key Programmes for the Level

Key Programmes for the Levels

Primary 5
- P1 – P6 Leadership Training (T1)   - Applied Learning Programme (T1)   - Growing Years Series (T2 & T4)   - Swim Safer Programme (T2)   - NE Show (T3)   - Primary 5 Residential Camp (T4)   - Inter-House Games (T4)

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PSLE Scoring

PSLE SCORING BANDS

a) **Reduces fine differentiation** of students' examination results at a young age
- Students with similar scores in each subject are grouped into wider scoring bands measured in 8 ALs.

b) **Reflects** a student's **individual level of achievement**
- Students' ALs for each subject reflect their level of achievement, rather than how they have performed relative to their peers.

AL	RAW MARK RANGE
1	≥ 90
2	85 – 89
3	80 – 84
4	75 – 79
5	65 – 74
6	45 – 64
7	20 – 44
8	< 20

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GRADING OF FOUNDATION SUBJECTS

- Foundation subject grades are graded in scoring bands from **AL A to AL C**.

- To derive a student's overall PSLE Score for S1 Posting, **AL A to AL C** for Foundation level subjects **are mapped to AL 6 to AL 8 of Standard level subjects respectively**.

FOUNDATION LEVEL AL	FOUNDATION RAW MARK RANGE	EQUIVALENT STANDARD LEVEL AL
A	75 – 100	6
B	30 – 74	7
C	< 30	8

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4 SUBJECT ALs WILL BE ADDED TO FORM THE OVERALL PSLE SCORE

- **The PSLE Score** can **range** from 4 to 32, with 4 being the best

ENGLISH LANGUAGE	**AL3**
MOTHER TONGUE LANGUAGE	**AL2**
MATHEMATICS	**AL1**
SCIENCE	**AL2**
PSLE SCORE	**: AL8**

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PSLE Scoring System

The PSLE scoring system will help your child focus on their learning instead of how they compare to others.

The PSLE is a useful checkpoint to gauge your child's understanding of key concepts and academic strengths. This will help your child learn at a suitable pace when they progress to secondary school.

How will the PSLE scoring system benefit your child?

Score calculator
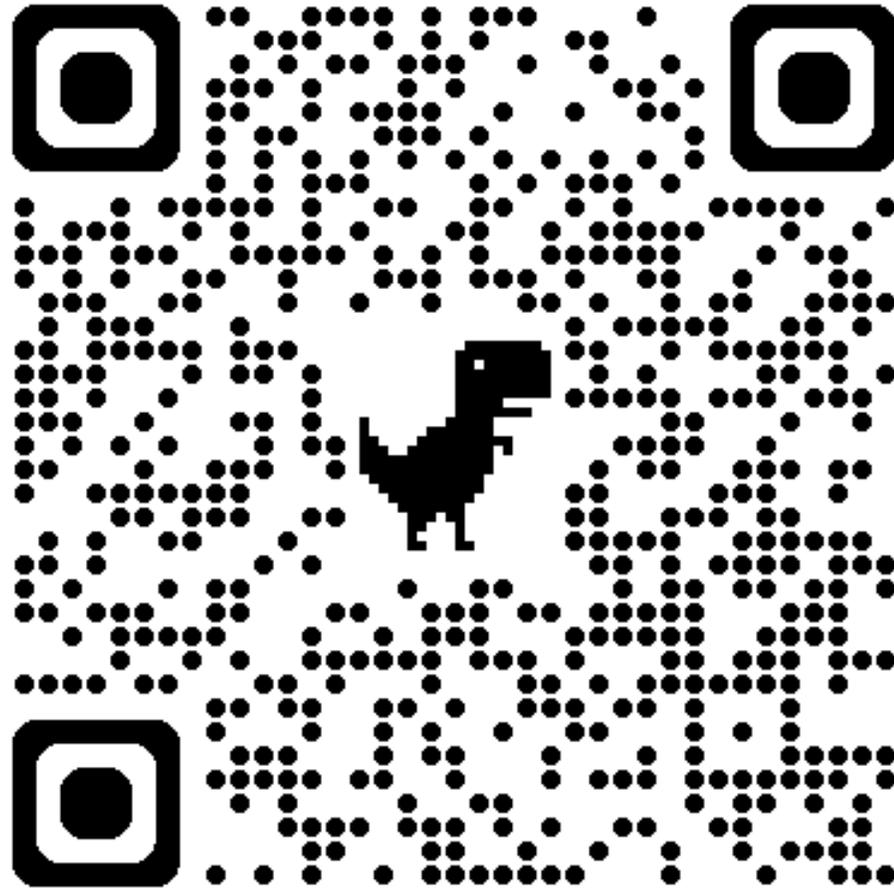
Find out how to calculate PSLE score for your child.

FAQs

Read this list of commonly asked questions and answers on the new PSLE scoring system.

FIND OUT MORE ABOUT PSLE SCORING ON THE PSLE MICROSITES

https://www.moe.gov.sg/microsites/psle-fsbb/psle/main.html

Full Subject Based Banding at Secondary Schools

MOE will post students to secondary school through three Posting Groups – Posting Groups 1, 2, and 3.

PSLE Score	Posting Group(s)	Indicative level for most subjects at start of Secondary 1
4 - 20	3	G3
21 - 22	2 or 3	G2 or G3
23 - 24	2	G2
25	1 or 2	G1 or G2
26 - 30 (with AL7 or better in EL and MA)	1	G1

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PSLE-FSBB MICROSITE

Full Subject-Based Banding (Full SBB)

Full SBB is part of MOE's ongoing efforts to nurture the joy of learning and develop multiple pathways to cater to the different strengths and interests of our students.
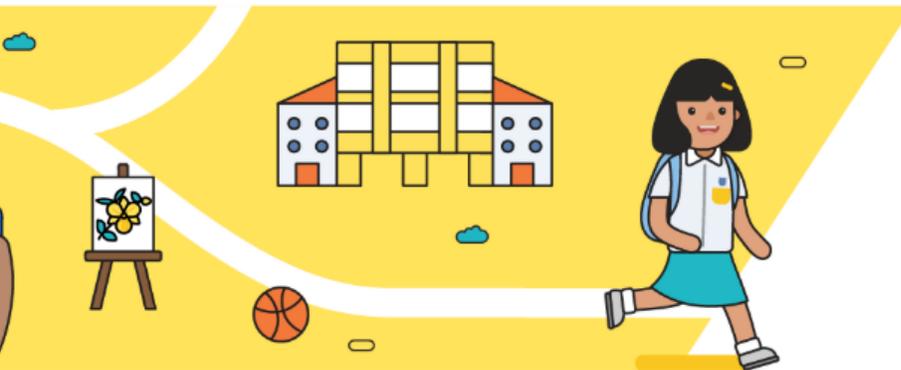
Where will your path lead?

Experience what the Full SBB journey might be like for you.

What is Full SBB?

Full SBB is part of MOE's ongoing efforts to nurture the joy of learning and develop multiple pathways to cater to the different strengths and interests of our students.

Secondary school experience under Full SBB

Find out more about Secondary 1 postings, form classes, subject offerings, Common Curriculum and other changes under Full SBB.
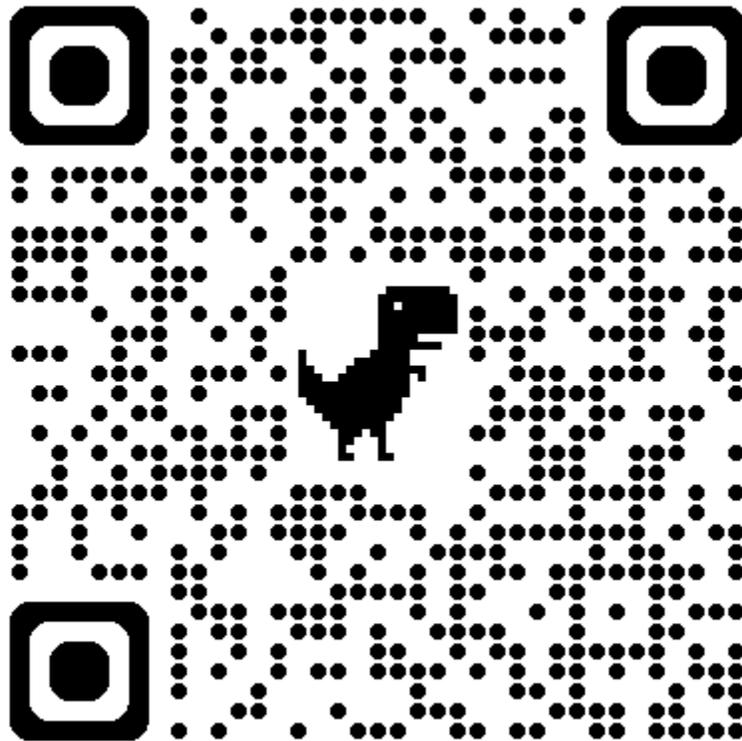
FAQ

Read this list of commonly asked questions and answers on Full SBB.

FIND OUT MORE ON
THE PSLE-FSBB MICROSITE

https://www.moe.gov.sg/microsites/psle-fsbb/index.html

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Direct School Admission (DSA)

What is DSA-Sec?

DSA-Sec seeks to broaden the **recognition of talents and achievements beyond academic grades**. DSA-Sec allows P6 students to apply to certain secondary schools before taking PSLE.

Students apply to DSA-Sec based on their talent in sports, CCAs and specific academic areas.

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DIRECT SCHOOL ADMISSION (DSA)

Some talent areas for DSA Application:

- Sports and games
- Visual, literary and performing arts
- Debate and public speaking
- Science, Mathematics and engineering
- Languages and Humanities
- Uniformed groups
- Leadership

*Use **SchoolFinder** to explore the list of schools and programmes for Direct School Admission.*

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SchoolFinder

Explore schools based on their distance from your home, locations, CCAs, subjects and programmes offered.

| Secondary ▼ | Search for a school or keywords e.g. "Admiralty" or "football" | 🔍 SEARCH |

Criteria

1. Location
2. Admission Type (DSA)
3. CCAs
4. Subjects
5. Electives & Programmes
6. PSLE Score Range of 2024
7. Support for Special Educational Needs
8. School Type

▼ Criteria   **Clear all**

Location ⌃

Search for schools near you

| Enter your postal code | **Clear**

OR

Search for schools by area

| Select an area ▼ |

Admission type ⌃

☐ Direct School Admission (DSA)

Co-curricular activities (CCAs) ⌄

Subjects ⌄

Electives and programmes ⌄

PSLE score range of 2024 ⌄

Secondary schools

← **1 of 8** →

Showing **147** Secondary schools

Admiralty Secondary School ♡
📍 Woodlands
31 Woodlands Crescent, S737916

Ahmad Ibrahim Secondary School ♡
📍 Yishun
751 Yishun Avenue 7, S768928

Anderson Secondary School ♡
📍 Ang Mo Kio
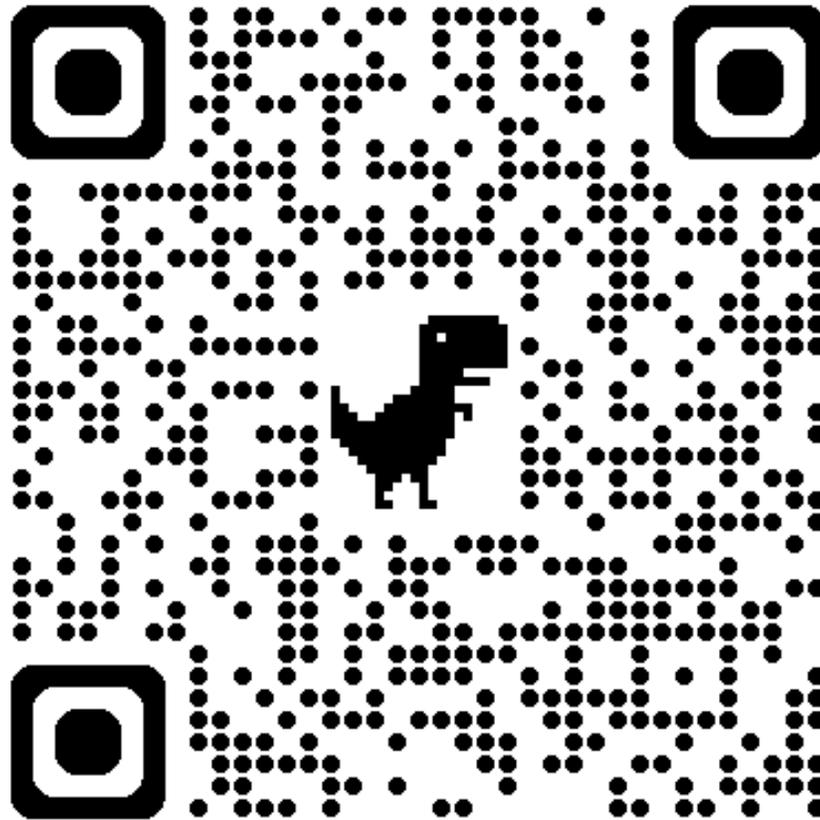10 Ang Mo Kio Street 53, S569206

Ang Mo Kio Secondary School ♡
📍 Ang Mo Kio
6 Ang Mo Kio Street 22, S569362

School Finder

https://www.moe.gov.sg/schoolfinder?journey=Secondary%20school

Important to take note of the following on DSA-Sec:

- If your child is admitted to a secondary school through DSA-Sec, they are <u>not allowed to</u>:

- Submit school choices during the Secondary 1 (S1) posting process.

- Transfer to another school. They must commit to their chosen school for the duration of the programme.

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SCHOOLS THAT ONLY PARTICIPATE IN DSA-SEC

The following specialised independent schools accept students **only through the DSA-Sec process**:

1. **NUS High School of Mathematics and Science**
2. **School of Science and Technology (SST)**
3. **School of the Arts (SOTA)**

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SCHOOL THAT ONLY CONDUCTS SCHOOL-BASED ADMISSION

The following specialised independent school only accepts students through its **own admission process**:

- **Singapore Sports School**

Refer to the school's website for information on its application process and timeline.

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FIND OUT MORE ON THE DSA-SEC MICROSITE!

https://www.moe.gov.sg/secondary/dsa

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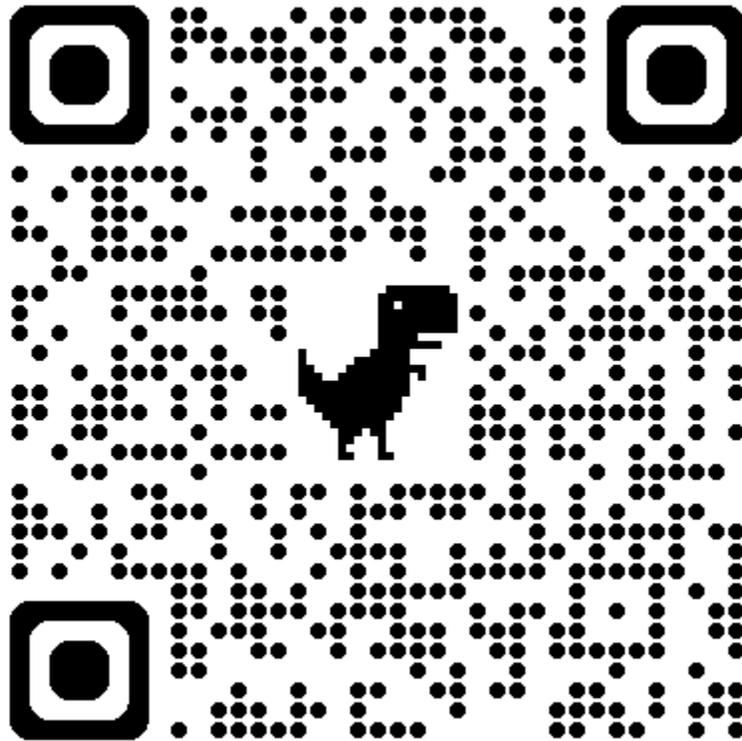
Tips for Parents to Support your child

What can parents do?

1. **Increase in demand on cognitive load**

- Ensure your child **develops discipline and habit** of completing homework and revising

- Co-create a **conducive environment** for completing homework and revising

- **Praise effort**, not the results and **celebrate small successes** to **motivate** and **build self-esteem**

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What can parents do?

2. **Increase in demand on pupils' self-management**

- Teach your child **organizational skills.**
- Guide your child to be **adaptable**.
- Give your child some **responsibilities** at home.
- Let your child **bear** the satisfaction/ **consequences** if they have/have not been responsible.

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What can parents do?

3. Coping with personal issues

- Have ==daily (regular) conversations== with your child
- Consider asking questions like these
  - ✓ What went well for you in school today?
  - ✓ What questions did you ask your teachers today?
- You are his/her ==primary support==
- ==Be== physically, emotionally, psychologically ==present==
- ==Listen== and ==try to understand==, weigh our words

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Parents Briefing on Cyber Wellness

Did you know?

67% of children aged seven to nine in Singapore use smartphones every day, and are active on social media

DEVICES USED DAILY BY CHILDREN (%)

	Overall	Aged 7 to 9	Aged 10 to 12	Aged 13 to 16
Smartphone	84	67	85	98
Personal laptop	32	13	30	51
Family laptop	36	44	37	27
Tablet/iPad	52	65	51	40
Others	5	7	5	5

Source: The Straits Times, 7 Feb 2021

Age when they started using social media

| Current age/ Starting age	Overall	Age 7 to 9 years old	Age 10 to 12 years old	Age 13 to 16 years old
3 years old or below	9%	17%	6%	4%
4-6 years old	25%	42%	24%	11%
7-9 years old	39%	41%	46%	31%
10-12 years old	22%	NA	24%	40%
13-16 years old	5%	NA	NA	14%

Parents may not be aware of the online risks

Parents might not be aware, but…

1 in 3 children has chatted with strangers online

1 in 3 children has been exposed to pornographic materials

1 in 4 children has overshared their personal information

Source: MLC-TOUCH Parent Child Poll Findings, 22 Aug 2023
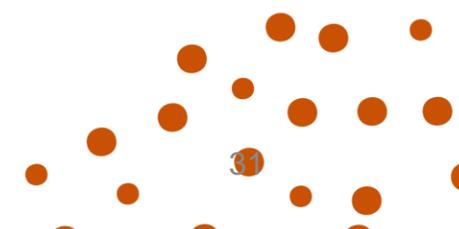
What is Cyber Wellness?

- **Cyber Wellness** is about our students being able to navigate the cyber space safely.

- This is **done through our curriculum** which aims to

  - **equip students** with the **knowledge and skills to harness** the power of Information and Communication Technology **(ICT) for positive purposes**;

  - **maintain a positive presence** in cyberspace; and

  - **be safe and responsible users** of ICT.

What will students learn about Cyber Wellness during CCE (FTGP) lessons?

During CCE(FTGP)* lessons, students will be taught:

Basic online safety rules

- Talking to only people you know

Importance of a balanced lifestyle

- in exercise, sleep and screen time for health and well-being

Protecting personal information

- Understand the risks of disclosing personal information

*Character and Citizenship Education(Form Teacher Guidance Period)

E.g. Middle Primary Lesson on Who can I Trust Online

What will students learn about Cyber Wellness during CCE (FTGP) lessons?

- **Cyber Contacts**

  - Understand that the profiles of strangers that we see online may not be their real identities

 - Recognise the dangers of chatting with strangers online

- Parents are strongly encouraged to participate in the "**Family Time**" activities in the CCE (FTGP) Journal with your children to reinforce the key cyber wellness messages at home

Family Chat Time!
Share 'My Online Safety Code' with your parents/guardians, siblings and other family members.

I can...
- **share** with my family members how I can be safe in the cyberworld.
- **remind** my family members to follow the safety rules together.

We did this together!

Parent's / Guardian's signature

E.g. Family Time in the lesson on Staying Safe in the Cyberworld

What other Cyber Wellness programmes do we have for our students?

- P3 to P6 Cyber Wellness Ambassadors Training Programme

- Safer Internet Day 2025

- Assembly talks on cyber-related issues conducted by external vendors (e.g., TOUCH Cyber Wellness, CSA, Singapore Neighbourhood Police).

- Timely cyber wellness reminders for students during morning assembly

- Post-exam cyber wellness poster design competition
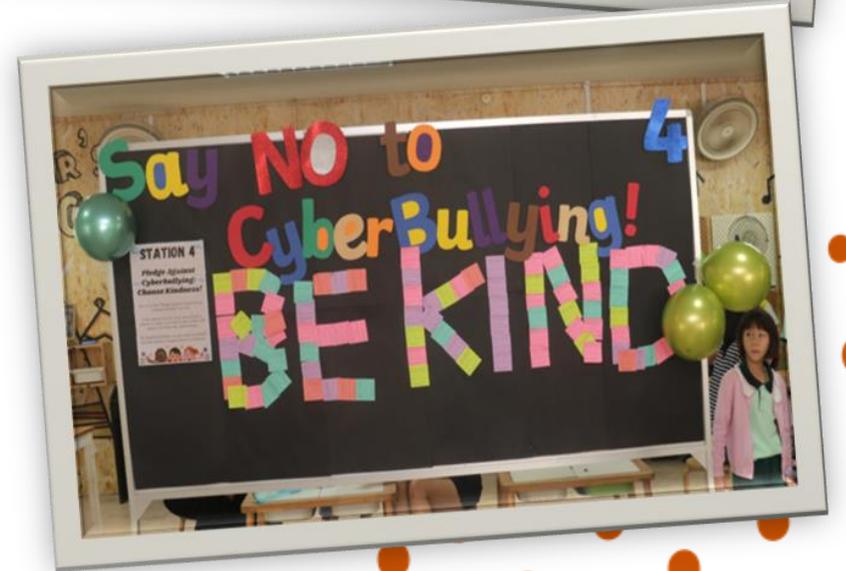
What are the school rules on digital device use?

- **Use of smart phones and smart watches**

- **Responsibility for safekeeping of devices**

- **Consequences for unauthorised or unpermitted use of a mobile device**

How can parents help their child develop good digital habits?

- As parents/guardians, you play a significant role in helping your child establish healthy digital habits, and learn to use technology in a positive and meaningful way.

- Here are some ways:
    - **Role model good digital habits** for your child/ward (e.g. parents/guardians not using devices during mealtimes).
    - **Have regular conversations with your child** to better understand what they do online, how to stay safe and how to use technology in a responsible manner.
    - **Discuss and develop a timetable with your child** to moderate their time spent on screens.

- For more content to support your parenting in the digital age and more, please scan the QR code at the top right-hand corner to access the *Parenting for Wellness* Toolbox for Parents.

Helping Your Child Manage Device Use & Stay Safe Online

Develop a Family Screen Use Plan

- A family screen use plan consists of screen use rules, their consequences and screen-free activities that the family can engage in.
- As a family, create your screen use rules by discussing and agreeing on expectations of screen use and the consequences of breaking these rules clearly.

Your screen use rules can include:

- Device-free times and places
- Time limit for devices

- "What are some suggestions on when and where devices should not be used?"
- "What should we do if we break our agreement?"
- Decide as a family what screen-free activities you want to engage in, like going outdoors, playing sports or playing board games together.
- "What screen-free activities do you think we can do together?"
- Engaging your child in the process of creating screen use rules and inviting them to suggest activities to do together helps increase their ownership of the whole family screen use plan.
- "What do you think of our screen use rules?"

Role Model Behaviours and Have Open Conversations

- Be consistent in role modelling positive screen use behaviours and habits.
- Engage your child in open conversations about their online activities, how to navigate the online space and its associated challenges. For example:
    - State observation: **"I noticed you have been spending a lot of time on your device."**
    - Ask open-ended questions: **"What do you usually do on your device?"**

How can parents better communicate with their child on digital habits and matters?

Providing a safe space for conversations	- It can be challenging to grapple with uncomfortable feelings and negative thoughts. - Children may hesitate to share their true thoughts and feelings with their parents, as they may fear being judged or misunderstood. **You can let your child know that it is normal to feel or think the way they do, and that they can feel safe expressing themselves with you.**
Role modelling respectful conversations	- When your child learns to engage in respectful conversations, they become a better communicator and friend. **Parents are in the best position to role model these skills** through daily interactions with your child. **Listen to understand**, instead of listening in order to give advice and offer solutions.
Have regular and open conversations	**Have regular conversations to better understand what your child does online**. - Is it school work or are they engaging in recreational activities? - For example: - State observation: "I noticed you have been spending a lot of time on your device." - Ask open-ended questions: "What do you usually do on your device?" **Communicate your actions and rationale**. Let your child know you care for them and want them to be safe online.

How can parents better support their child's digital habits?

Achieving balanced screen time

- **Screen time** refers to the amount of time spent using devices each day. Having some screen time can be beneficial, such as when your child uses devices to learn and connect with others.
- However, it is important to be aware that **spending an excessive amount of time using devices is unhealthy**, as it is associated with insufficient good quality sleep, sedentary behaviours, increased obesity, and poorer mental health and well-being.
- **Discuss and develop a timetable** with your child to moderate their time spent on screens.
- Children aged 7 – 12 should have **consistent screen time limits**.

Using parental controls to manage device use and stay safe online

- **Parental controls** refer to a group of settings that put you **in control of what your child can see and do on a device or online**.
- Such controls can allow you to **supervise and monitor your child's online activities and protect them** from inappropriate content, online sexual grooming, cyberbullying and other online risks.
- Parental control settings can be used to **monitor and limit screen time** as agreed with the child.

Scan QR code to download the Ministry of Health's Guidance on Screen Use in Children for more information.
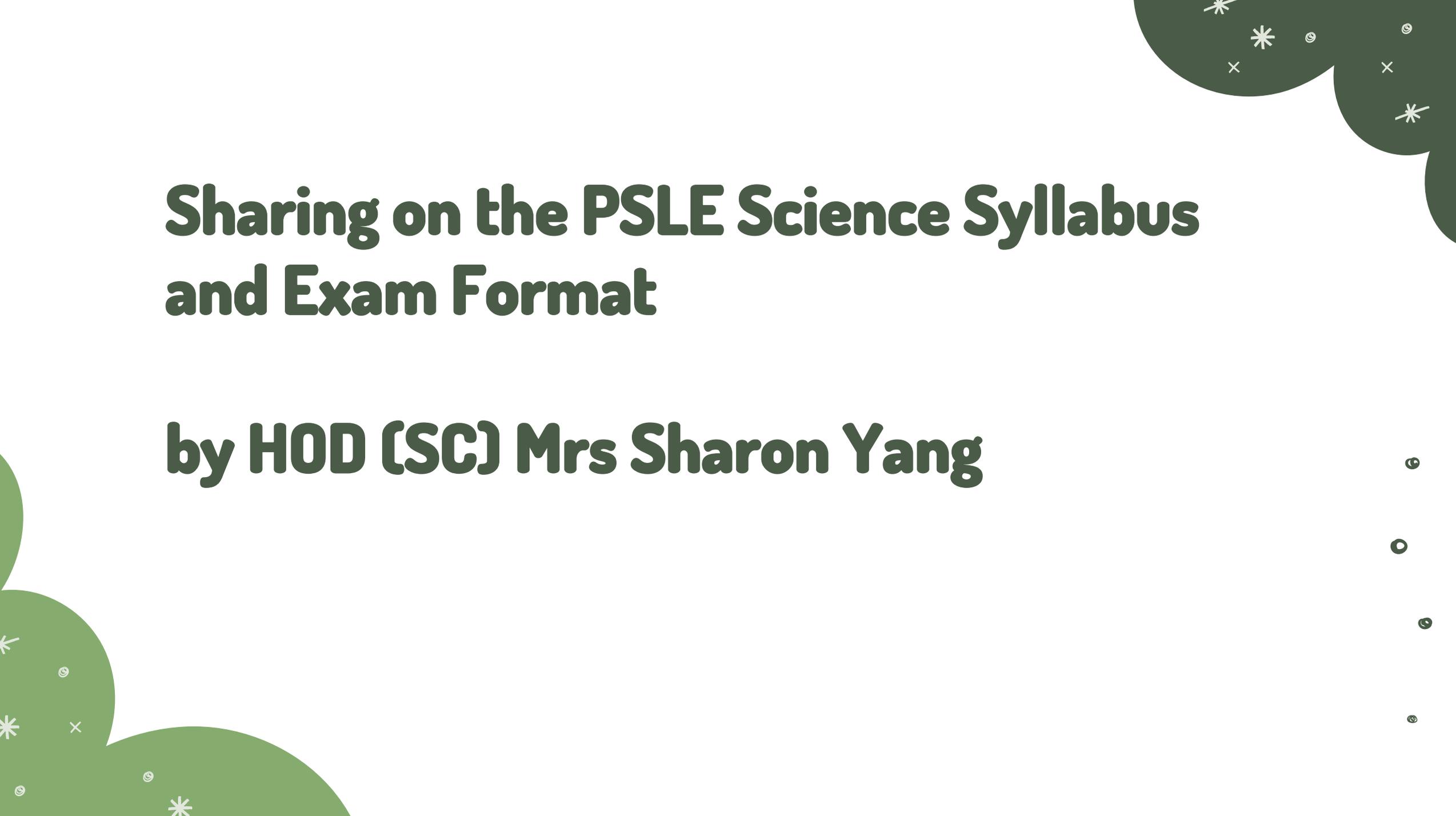
Sharing on the PSLE Science Syllabus and Exam Format

by HOD (SC) Mrs Sharon Yang

Changes in content for Standard Science

| Level	Removed	2023 Syllabus
P3		
P4		Include property of 'Light travels in straight lines' under topic of Light Include concept of 'Heat is a form of energy' under topic of Heat
P5	Remove cell system as a <u>topic</u>	Introduce concept of cell as basic unit of life under topic of Reproduction
P6		Include concept of respiration, focusing on the release of energy from food, under topic of Photosynthesis

No content change for Foundation Science

Sharing on the PSLE Math Syllabus and Exam Format

by HOD (MA) Ms Loh Siew Yi

Changes in content for Standard Mathematics

Level	Removed	2021 Syllabus
P1	Non-standard unit of length The use of 'half past' in Time	Standard unit of length (cm) Telling time to 5 min
P2		Telling time to 1 min
P3		Duration in time
P4	8-point compass	Nets, Pie Chart
P5		
P6	Changing Ratio Speed	Average Basic concepts of Ratio
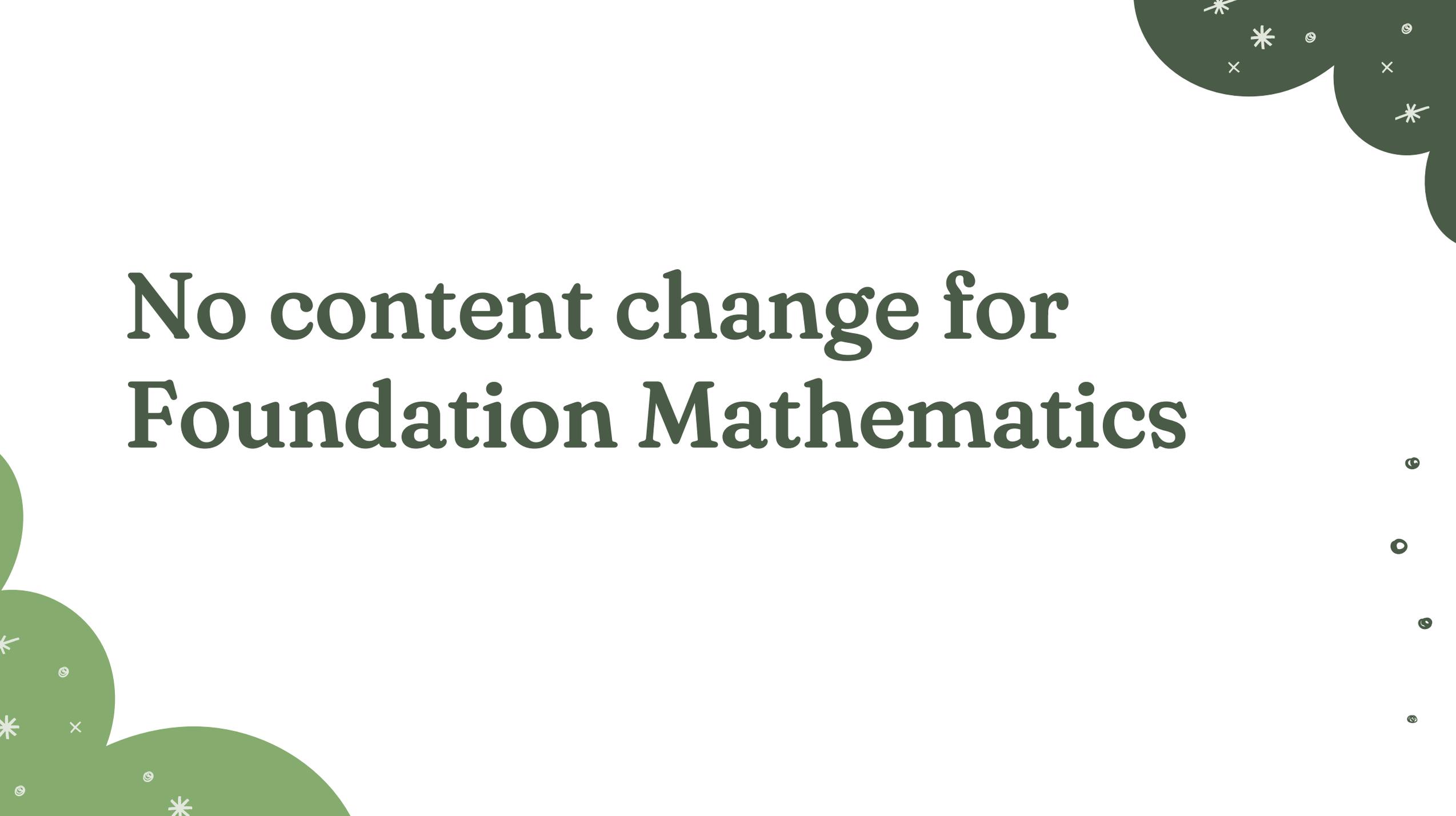
No content change for Foundation Mathematics